



# BROOKDALE

## ESTATE



### BREAKFAST

#### SAMPLE MENU

# START THE DAY

## CONTINENTAL SELECTION

Seasonal fruit from the Paarl Winelands

Selection of homemade baked pastries, breads and toast

Variety of cereals, granola and muesli and yogurt

Choice of fruit juice, coffee, and tea

## ENGLISH BREAKFAST

### MADE TO ORDER

Farm fresh eggs from the valley made how you like them

Bacon and sausage sourced from our local butcher

Fresh or grilled tomato and mushrooms