



BROOKDALE ESTATE  
STAY CURIOUS

## MANOR HOUSE

### SPA MENU

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#### BODY THERAPY

R 900 | 45 Mins

Back, neck & shoulder massage

#### SPECIALISED BODY THERAPIES

R 1050 | 45 Mins

R 1300 | 60 Mins

R 1600 | 90 Mins

Swedish full body massage  
Hot stone full body massage  
Aromatherapy full body massage  
Deep tissue full body massage

#### HANDS & FEET

R 1025 | 75 Mins

Pampering manicure  
Pampering pedicure

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